- 1. A headgear cooling liner comprising:
- a liquid permeable pocket partition containing a liquid-absorbing material; and
- a ventilation portion adjacent to the pocket partition that establishes an air space to provide air ventilation.
 - 2. A headgear cooling liner as recited in claim 1, wherein the air ventilation enables an evaporation process to occur.
- 10 3. A headgear cooling liner as recited in claim 1, wherein the material is a polymer.
 - 4. A headgear cooling liner as recited in claim 3, wherein the polymer is polyacrylamide.

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- 5. A headgear cooling liner as recited in claim 1, wherein the pocket partition further includes a cushioning device.
- 6. A headgear cooling liner as recited in claim 5, wherein the cushioning device comprises a rubber material.
 - 7. A headgear cooling liner as recited in claim 1, further comprising a second liquid permeable pocket partition containing the liquid-absorbing material, wherein the

pocket partitions are oriented in a parallel orientation, and wherein the ventilation portion couples and separates the pocket partitions.

- 8. A headgear cooling liner as recited in claim 1, further comprising a second liquid permeable pocket partition containing the liquid-absorbing material, wherein the pocket partitions are oriented in a transverse orientation, and wherein the ventilation portion couples and separates at least some corresponding portions of the pocket partitions.
- 9. A headgear cooling liner as recited in claim 1, further comprising an attachment mechanism configured to couple the headgear cooling liner to an interior portion of a headgear, wherein the coupling mechanism is coupled to at least one of:
 - (i) the pocket partition;

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- (ii) the ventilation portion; and
- (iii) a rim coupled to at least one of the pocket partition and the ventilation portion.

10. A cooling system comprising:

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- a headgear having an interior portion and an exterior portion;
- a headgear liner selectively coupled to the interior portion of the headgear, wherein the headgear liner comprises:
- a liquid permeable pocket partition containing a liquid-absorbed material; and
 - a ventilation portion adjacent to the pocket partition that establishes an air space to provide air ventilation.
- 10 11. A cooling system as recited in claim 10, wherein the air ventilation enables at least a portion of the liquid absorbed by the material to evaporate.
 - 12. A cooling system as recited in claim 10, wherein the interior portion is an interior surface of the headgear.
 - 13. A cooling system as recited in claim 10, wherein the interior portion is a harness coupled to the headgear.
- 14. A cooling system as recited in claim 10, wherein the liquid-absorbed material 20 is a polymer.
 - 15. A cooling system as recited in claim 14, wherein the polymer is polyacrylamide.

- 16. A cooling system as recited in claim 10, wherein the pocket partition further includes a cushioning device.
- 5 17. A cooling system as recited in claim 10, wherein the headgear is one of:
 - (i) a military helmet;
 - (ii) a construction hard hat; and
 - (iii) a recreational helmet.

18. A method for providing a headgear cooling system, the method comprising:

providing a headgear liner having a liquid permeable pocket partition and a ventilation portion;

inserting a liquid-absorbing material into the pocket partition, wherein when a liquid is applied to the pocket partition, at least a portion of the liquid is absorbed into the material; and

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securing a coupling mechanism onto a portion of the headgear liner for use in coupling the headgear liner to a headgear for use by an individual, wherein when coupled to the headgear, at least a portion of the headgear liner establishes an air space to provide air ventilation when the headgear is used by the individual.

- 19. A method as recited in claim 18, further comprising using the coupling mechanism to secure the headgear liner to the headgear.
- 15 20. A method as recited in claim 19, further comprising at least one of:
 - (i) cooling the liquid after the liquid is applied to the pocket partition and absorbed by the material, and prior to use of the headgear by the individual; and
 - (ii) freezing the liquid after the liquid is applied to the pocket partition and absorbed by the material, and prior to use of the headgear by the individual.